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CANADIAN ACADEMY OF
GERIATRIC PSYCHIATRY

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ACADÉMIE CANADIENNE
DE GÉRONTOPSYCHIATRIE

CCSMH
CANADIAN COALITION
FOR SENIORS'
MENTAL HEALTH



CCSMPA
LA COALITION CANADIENNE
POUR LA SANTÉ MENTALE
DES PERSONNES ÂGÉES

CAGP-CCSMH 2023 Annual Scientific Meeting

Program At-A-Glance

A minimum of 25% of each session is dedicated to participant interactivity.

Friday, September 29			
TIME	SESSION	TYPE	LOCATION
7:00 a.m. – 8:00 a.m.	Conference Check-In and Breakfast		Crushlobby
8:00 a.m. – 8:15 a.m.	Welcome and Opening Remarks		Salon A
8:15 a.m. – 9:15 a.m. Keynote Address	Management of Difficult to Treat Depression in Late Life: Current State and Future Directions Daniel Blumberger		Salon A
9:15 a.m. – 10:15 a.m.	Poster Session		Brownsdale
Concurrent Block #1			
10:15 a.m. – 11:15 a.m.	1. Positive Psychiatry to Address Complexities in Seniors' Mental Health: Introducing The "THRIVE Approach to Wellbeing" & Fountain of Health's Thrive Learning Centre Chair: Marie-France Rivard		Salon C
	1.1 Relevance of Positive Psychiatry to Address Complexities in Seniors Mental Healthcare: Introducing the THRIVE Approach to Wellbeing Keri-Leigh Cassidy, Cindy Grief		
	1.2 Applied Positive Psychiatry in Canada: The Fountain of Health Association David Conn		
	1.3 Introducing The New Thrive Learning Centre: Wellbeing Training for Individuals, Organizations and Clinicians Amy Gough		
	2. Transforming Clinical Care for Older Adults with Complex Mental Health Needs: The Hub-and-Spoke Model Kathleen Bingham		Salon A
	3. Transitioning from Hospital to Community: Supporting Older Adults living with Complex Health Issues Stephanie Gordon, Tazim Lakhani, Nadia Rana		Salon B
	4. Challenges of Driving Cessation in Persons with Dementia Living in Rural and Urban Settings Ka Sing Paris Lai		



Plenary








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	<p>5. Building an Integrated Team for Older Adult Care: From Theory to Practice Adam Morrison, Sarah Gimbel</p>	<i>In this session we will hear three 20-minute oral abstract presentations</i>	
	<p>6. Sleepwell - A Simple, Effective, Direct-to-Patient Intervention for Sedative Deprescribing in Older Adults David Gardner</p> <p>7. Factors Associated with Positive Impacts of Cannabis Use on Mental Health and Wellbeing among Older Adults with Rheumatologic Conditions in Alberta Cheryl Sadowski</p> <p>8. Planning for the Future Complex Older Patients Living with Mental Health Disorders and Dementia in an Acute Care Setting Melissa Laroche</p>	 <i>In this session we will hear three 20-minute oral abstract presentations</i>	Salon D
Concurrent Block #2			
11:30 a.m. – 12:30 p.m.	<p>9. Canadian Clinical Practice Guidelines for the Treatment of Anxiety in Older Adults: Draft Recommendations Andrea Iaboni, Sebastien Grenier</p>		Salon A
	<p>10. Incorporating Psychotherapy into Managing Complexity in Older Adult Psychiatric Care: Perspectives from Experienced Therapists and Trainees Ari Cuperfain, Ken Schwartz</p>		Salon C
	<p>11. Trainee Education Session: Geriatric Psychiatry Across the Career Span Paris Lai, Catherine Hickey, Vanessa Thoo, Matt Tobin</p>		Salon B
	<p>12. Prevalence and Nursing Staff Perspectives Towards Use of Physical and Chemical Restraints as Coercive Measures in Hospitalized Older Adults with Major Neurocognitive Disorder and/or Delirium: A Mixed Methods Quality Improvement Project Danusha Vinoraj, Saamil Dholakia</p> <p>13. Creating a Sustainable Framework to Produce Canada's National Dementia Guidelines Sarah Main</p> <p>14. Social Isolation and Loneliness in Older Adults: Two Surveys to Learn About the Experience and Perspectives of Health/Social Service Providers and Older Adults David Conn, Bette Watson-Borg</p>	 <i>In this session we will hear three 20-minute oral abstract presentations</i>	Salon D
12:30 p.m. – 1:30 p.m.	Lunch & Networking Sessions		CrushLobby



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	<p>Please grab lunch and pull up a chair to join one of the following unmoderated CAGP-CCSMH Roundtables which are being held throughout Salon A during the lunch hour.</p> <p>Networking Roundtables:</p> <ol style="list-style-type: none"> 1. Francophone Attendee Table 2. CCSMH Public Policy Working Group 3. Western Canada Networking 4. Central Canada Networking 5. Atlantic Canada Networking 		
12:30 p.m. – 1:30 p.m.	<p>Trainee Lunch <i>*lunch is available from the main buffet</i></p>		Salon B
1:30 p.m. – 2:30 p.m. Plenary Session	<p>Complexity in Long-term Care Panel Discussion Julia Kirkham, Jody Woolfrey, Catherine Hickey, Adam O'Rourke, Aaron McKim</p>		Salon A
Concurrent Block #3			
2:40 p.m. – 3:40 p.m.	<p>15. Standards for Mental Health in Long-term Care and Assisted Living Settings Julia Kirkham</p>		Salon A
	<p>16. Burnout and Wellness in Health Care Providers Robert Madan</p>		Salon D
	<p>17. Addressing Complexity Through Integration: The Behavioural Supports Ontario, GeriMedRisk, and Virtual Behavioural Medicine Programs' Experience Chair: Sophiya Benjamin</p> <p>17.1 GeriMedRisk: Results from Five Years of Interprofessional Service Delivery in Ontario Sophiya Benjamin</p> <p>17.2 Advancing an Integrated Behavioural Health System: Behavioural Supports Ontario Andrea Iaboni, Sarah Denton</p> <p>17.3 Virtual Behavioural Medicine Program: An Innovative Model of Care for Neuropsychiatric Symptoms in Dementia Morris Freedman</p>		Salon B
	<p>18. Evidence – Informed Approach to De-Prescribing of Atypical Antipsychotics (AAP) in the Management of Behavioral Expressions (BE) in Advanced Neurocognitive Disorders (NCD): Results of a Retrospective Study Atul Sunny Luthra</p>		Salon C
3:40 p.m. – 4:00 p.m.	Networking Break		Crushlobby
Concurrent Block #4			



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4:00 p.m. – 5:00 p.m.	<p>19. Canadian Coalition for Seniors' Mental Health Guidelines on Assessment and Treatment of Behavioural Symptoms of Dementia Chair: Dallas Seitz</p> <p>19.1 Systematic Review of Guidelines for Behavioural Symptoms of Dementia Jennifer Watt</p> <p>19.2 Recommendations for the CCSMH Behavioural Symptoms of Dementia Guideline Dallas Seitz</p> <p>19.3 Guideline Implementation Strategies for Behavioural Symptoms of Dementia Stacey Hatch</p>		Salon A
	<p>20. Psychogeriatric Outreach for Homeless Adults: Lessons Learned After One Year in Practice Dan Elder, Maggie Hulbert, Susan Wang</p>		Salon C
	<p>21. CBT for Optimal Aging & Self-Care: A Positive Psychiatry Pilot Study to Promote Wellbeing in Mid to Late Career Clinicians Amy Gough</p> <p>22. Pulling Back the Curtain: What it Takes to Provide Collaborative Care in Crisis Leigh Williams, Deb Walko, Carolyn Donaldson</p> <p>23. Understanding the Complex Health Information Needs, Behaviours, and Contexts of Older Adults to Support Effective Knowledge Translation Nick Ubels</p>	 <i>In this session we will hear three 20-minute oral abstract presentations</i>	Salon D
	<p>24. Knowledge Translation and Equity, Diversity & Inclusion: Update Your KT Skills! Peter Snow, Avneet Vats, Larissa D'Silva</p>		Salon B
5:00 p.m. – 6:00 p.m.	CAGP Annual General Meeting (members only) - Not accredited		Salon A
7:00 p.m. - onwards	<p>CAGP-CCSMH Celebration Dinner</p> <p>9:30 p.m. – Resident gathering begins</p>	<i>(Please note: tickets are additional and must be purchased in advance)</i>	Spirit of Newfoundland, 208 Gower Street
9:30 p.m. – onwards	Trainee Social Event		Pinnacle Restaurant & Lounge, 120 New Gower St



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Workshop



Oral

Saturday, September 30

TIME	SESSION	TYPE	LOCATION
7:45 a.m. – 8:30 a.m.	Conference Check-In and Breakfast		Crushlobby
8:30 a.m. – 9:30 a.m. Plenary Session	Social Isolation and Loneliness Among Older Adults: Can WE Make a Difference David Conn		Salon A
9:30 a.m. – 10:30 a.m.	Networking Break		Crushlobby
9:30 a.m. – 10:30 a.m.	Track Poster Session (Invite Only)		Brownsdale
Concurrent Block #5			
10:30 a.m. – 11:30 a.m.	25. Developing and Disseminating Clinical Guidelines for Social Isolation and Loneliness in Older Adults David Conn, Bette Watson-Borg, John Saunders		Salon C
	26. Creating a Global Community of Practice in Geriatric Mental Health: The Key Ingredients Cindy Grief, Christopher Kitamura		Salon B
	27. Aging and Mental Health in Canada: Working with Experts-by-Experience to Identify Priorities, Address Research Gaps and Mobilize Knowledge Chair: Paul Holyoke 27.1 Planning Future Aging and Mental Health Research Agendas in Canada by Working with Experts-By-Experience Paul Holyoke 27.2 Working with Experts-by-Experience in the Canadian Aging Action, Research, and Education (CAARE) for Mental Health Group to Mobilize Knowledge of Aging and Mental Health Priorities Elizabeth Kalles, Mary Hynes 27.3 Working with Experts-by-Experience to Co-design an Evidence-based Approach to Starting Mental Health Conversations with Older Adults in the Community Paul Holyoke, Elizabeth Kalles		Salon A
	28. Emotion Focused Mindfulness Therapy for Late-life Anxiety: A Feasibility RCT with a Wait-list Control Group Stacey Hatch 29. Psychiatric Complexity in the Long-Term Care Setting Vanessa Thoo, Leslie Giddens-Zuker 30. The Relationship of White Matter Microstructure with Psychomotor Disturbance and Relapse in Remitted Psychotic Depression Kathleen Bingham	 <i>In this session we will hear five 12-minute oral abstract presentations</i>	Salon D



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	<p>31. Impact of Psychotropic Medications on Cognition in Older Adults: A Systematic Review Susmita Chandramouleeshwaran</p> <p>32. Is the Canadian Society Ready to Make an Ethical Choice? The 'Wicked Problem' of Maid-MD-SUMC: An Ethical Analysis Saumil Dholakia</p>		
Concurrent Block #6			
11:40 a.m. – 12:40 p.m.	<p>33. Managing Substance Use Disorders in People with Dementia: An Interactive Case Discussion Christopher Kitamura, Marilyn White-Campbell</p>		Salon C
	<p>34. Simulation Workshop: Using a Care-Plan Huddle to Help in the Non-Pharmacological Management of Responsive Behaviors Related to Major Neurocognitive Disorder and/or Delirium in a Hospital Setting: Teaching-Learning Pearls from a 10-Year Journey of the Interprofessional Dementia Behavioural Support Team (DBST) at the Ottawa Hospital Saumil Dholakia, Sarah Russell, Susmita Chandramouleeshwaran, Song Yang (Simon) Yu, Jennifer Koop, Margaret Ann Mackenzie-Neil, Vera Hula</p>		Salon A
	<p>35. What Factors Influence Residents to Enroll in Geriatric Psychiatry Subspecialty Training?: A Cross-Canada Survey Jessica Hung King Sang, Catherine Hickey</p> <p>36. Measuring The Impact of Door Decals on Wayfinding and Motor Symptoms on a Dementia Care Unit Amy Cockburn</p>	 <i>In this session we will hear two 20-minute oral abstract presentations</i>	Salon D
	<p>37. Evolving the Geriatric Psychiatry Online Course: Getting from A to B Cindy Grief, Leslie Giddens-Zucker, Shabbir Amanullah</p>		Salon B
12:50 p.m. – 1:25 p.m.	<p>Awards Overview and Poster Award Presentation Awards Chair</p>		Salon A
1:25 p.m. – 1:30 p.m.	<p>Closing Remarks CAGP-CCSMH 2023 ASM Co-Chairs</p>		Salon A
1:30 p.m.	Grab-and-Go Lunch		Crushlobby
2:30 p.m.	Social Event - Hike		Meet in hotel lobby



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This program has received an educational grant or in-kind support from the following:



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