

2015 Travel Bursary Recipient

I'd like to take this opportunity to thank the Canadian Academy of Geriatric Psychiatry for granting me a \$500 bursary to attend the 2015 Annual Conference in Vancouver, BC. It was a great privilege to be surrounded by so many accomplished scholars and clinicians of geriatric psychiatry, and I thoroughly enjoyed my experiences at the conference.

Attending this conference was a great learning opportunity, especially so early on in my psychiatry career. As a PGY1 in Psychiatry at Queen's University in Kingston, Ontario, it was incredible to explore the breadth of the subspecialty, to meet so many specialists in the field, and to be given so much advice on how to shape and structure my residency in order to take advantage of all the opportunities. Upon returning to Kingston, I brought back a lot of energy and motivation so I can learn and explore the field, even as a resident. Even though it is still relatively early in my career, attending the conference has shown me the great array of things I could do should I pursue geriatric psychiatry and it's something I am definitely going to be seriously considering.

The CAGP was extremely generous in selecting me for this award. Without the financial support of this bursary, attending this conference would have been difficult from a financial perspective, but because of it, I was able to cover the travel and accommodation expenses. Without the generous contributions to the CAGP from its donors, I might not have had this essential exposure to geriatric psychiatry. I cannot thank you all enough! I hope to return at the 2016 Annual Conference.

Regards,
Anees Bahji