

2015 Resident Award

I am thankful to have received the 2015 CAGP resident award while I was a PGY-4 Psychiatry resident at Queen's University. The funding helped cover my expenses related to travel, accommodation, and poster printing to attend the CAGP conference in Vancouver. This was an excellent opportunity for me to network with members of the academic community and solidify my decision to pursue the Geriatric Psychiatry subspecialty program. Shortly after the conference, I received an offer to begin my PGY-5 subspecialty training at the University of Toronto, where I hope to complete my training by 2018.

Attending the conference helped expand my knowledge of recent developments in geriatric psychiatry. I'm also familiar with new areas of research in mood disorders in the Geriatric population, and I am very interested in continuing to participate in academic activities in this area. I am currently working closely with Dr. Seitz and to complete a meta-analysis with plans to submit for publication within the next few months.

I truly appreciate your generous donations which have been instrumental in solidifying my interest in the field and in allowing me to continue to develop my career.

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