



**HEADLINES**

**2015 UPDATES**

**DONATIONS**

[Message from the Editor](#)

Dear Reader,

This edition of the e-newsletter brings us to regional updates from Quebec and the Prairies. Highlights include current political turmoil in the Quebec healthcare system with law 10 and project of law 20. The inclusion of geriatric psychiatry in the AMPQ, as well as being a renown subspecialty by the CMQ. The MSSS has also published practice guidelines for the treatment of patients with BPSD and it is available online. The University of Montreal is in its second year of geriatric psychiatry subspecialty training. This is still pending for both the University of Laval as well as McGill University. Research in geriatric psychiatry is quite active as well.

As for Saskatchewan, a new geriatric psychiatrist was welcomed to the team. The team has been participating in the provincial seniors strategy with the Ministry of health, to look at improving care for seniors. Also they're looking at the current and future state of mental health service delivery for seniors. Members of the team have also participated in a pilot community project called home first. There has also been ongoing advocacy for recruitment for the geriatric mental health team.

Our president, Dr. Mark Rapoport, reminds us about the upcoming update in geriatric psychiatry which will be held in Montreal on April 16. The geriatric online psychiatry course is also in full swing, as are preparations for the annual scientific meeting, which will be held in September in Vancouver. He also mentioned Dr. Rabheru's meeting with the NDP leadership to discuss an act for National Dementia Strategy. Dr Rapoport also underlined the importance for geriatric psychiatrists to follow the development of the Supreme Court's findings, in February, on physician assisted death.

Furthermore, the CAGPs 24th annual scientific meeting is still accepting abstract submissions. Some topics that will be covered at the meeting are the prevention of depression in late life, prevention of dementia in older adults, management of treatment resistance in late life mental disorders, end of life care in dementia and neurostimulation.

The usual 12 month membership renewal will start on June 1. Members can take advantage of benefits, such as our updated CAGP members only and public e-resources. There are also important updates from donations, Canadian Geriatrics Journal and upcoming events. The CAGP is also seeking applications for three education awards. Registration for the geriatric psychiatry online course is open. The research committee has updated recent CAGP member publications. There is a request for donations to support BC residents to attend the upcoming scientific meeting. There is also a call for abstracts for the Canadian Association of Gerontology. Finally discussions from the CPA and the CAGP regarding talks to parliamentarians on dementia and palliative care is available.

Wishing you all a great read,

**Nancy Vasil MD, FRCPC**  
Communications Chair CAGP  
Professeure adjointe de clinique, Université de Montréal

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Paulina Bajsarowicz MD, FRCPC  
Communications co-chair CAGP  
Assistant professor, McGill University

### President's Report

As many of you know, we are hosting the Update in Geriatric Psychiatry (previously National Review Course) in April in Montreal in association with the Canadian Geriatrics Society Annual Meeting. For our members who are writing the examination this Fall, this will allow more advanced time to prepare compared to previous years. Beyond exam preparation, the course provides an excellent up-to-date review of a wide array of topics in geriatric psychiatry, and was awarded the 2014 CPA/COPCE award for outstanding continuing education in psychiatry in Canada. Space is running out at the hotel, and we encourage members to sign up now.



Our Geriatric Psychiatry Online Course is in full swing as well, and it is not too late to join. We are making preparations as well for our Annual Scientific Meeting in September in Vancouver, and I hope that you will save the date.

From a political point of view, Dr. Kiran Rabheru met with NDP leadership this month to discuss an [Act for National Dementia Strategy](#). He provided support on behalf of the CAGP, and conveyed our hopes that all political parties will support a National Dementia Strategy.

In February, the Supreme Court found that the criminal prohibition on physician assisted death is in violation of the Charter of Rights and Freedoms. There is a helpful commentary from Sally Bean, MA, JD on the implications of this finding, as well as the response of the Canadian Medical Association and the Canadian Society of Palliative Care Physicians (<https://thebioethicsprogram.wordpress.com/2015/02/19/the-carter-v-canada-conundrum-next-steps-for-implementing-physician-aid-in-dying-in-canada/>) It will be particularly important for geriatric psychiatrists to follow the development of events in this regard, as questions will no doubt be raised about determinations of competence and about the implications for older patients with advanced dementia or treatment refractory psychiatric disorders.

I look forward to seeing many of you next month in Montreal!

Mark Rapoport, MD, FRCPC  
President, CAGP

### CAGP NEWS

#### CAGP 24<sup>th</sup> Annual Scientific Meeting

It is with great excitement that we invite you to join us for the 24<sup>th</sup> Annual Scientific Meeting (ASM) of the Canadian Academy of Geriatric Psychiatry in fabulous downtown Vancouver on September 30 at the Hyatt Regency. This year's theme is *The Spectrum of Geriatric Psychiatry: From Prevention to Palliation*.

Topics that will be covered in the 2015 program include:

-  Prevention of depression in late-life
-  Prevention of dementia in older adults

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- Management of treatment resistance in late-life mental disorders
- End of life care in dementia
- Neurostimulation in late-life mental disorders

Registration opens May 11, 2015! For more information please [click here](#).

### [Call for abstracts](#)

#### 2015 CAGP Annual Scientific Meeting Call for Abstract Submission

The Spectrum of Geriatric Psychiatry: From Prevention to Palliation  
September 30, 2015 • Hyatt Regency, Vancouver

The Canadian Academy of Geriatric Psychiatry (CAGP) is looking forward to welcoming you to the **24<sup>th</sup> CAGP Annual Scientific Meeting: *The Spectrum of Geriatric Psychiatry: From Prevention to Palliation***. The meeting will be held this year in Vancouver at the Hyatt Regency, September 30<sup>th</sup>, 2015 immediately preceding the Canadian Psychiatry Association conference.

We are pleased to announce that abstract submission for concurrent oral paper presentation, poster presentation, workshop, symposium, clinical case study presentation and resident session is **now open!** This year we are introducing a new category for Clinical Case Presentations.

There are 5 categories of abstract submission preference. The ASM meeting organizing committee may make decisions on the format of the presentation. All submission abstracts must be submitted in the standardized format irrespective of presentation preference. The maximum word count is 250 words. All presentation categories require three learning objectives. All submissions will be peer reviewed.

**Oral Presentation:** Oral and poster abstracts will consist of a Title, Background, Methods, Results and Conclusions. An oral presentation is 15 minutes in length (11 minute talk; 4 minutes question and answer period).

**Poster Presentation:** Oral and poster abstracts will consist of a Title, Background, Methods, Results and Conclusions.

**Workshop:** A workshop is 60 minutes in length and must be highly interactive, lively and informative with 25% audience participation.

**Symposium:** A presentation of two or three separate talks around a similar theme with time for a discussant. The overall symposium must have an abstract with the symposium Chair listed along with the discussant (if the discussant is different than the chair). Each individual talk within the symposium must have a separate abstract and learning objectives. The symposium Chair should share the title of the Symposium with the individual presenters so that they may put the symposium title in their individual abstract submission.

**Clinical Case Presentation:** This presentation is dedicated for presentation of informative clinical cases. There should be maximal audience participation, interaction and discussion. The clinical case must be supported with literature and evidence around the teaching and learning points.

There is no additional funding for speakers. All applicants are responsible for their own travel costs to attend the conference and must register for the conference.

### INSTRUCTIONS:

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- Abstract submissions are due **Tuesday April 21<sup>st</sup>, 2015 by 11:59 pm EDT.**
- Abstracts submissions will be accepted using the online submission platform only.
- Once the online submission has been completed, you will receive immediate automated confirmation of receipt of your submission.
- All abstracts will be peer reviewed.
- Please include the title, and three learning objectives and abstract text of no more than 250 words.
- Learning objectives must indicate what the participants will learn from the presentation in terms of knowledge, skills or attitudes.
- In keeping with the principles of Maintenance of Certification (MOC), a **minimum of 25%** of the presentation time must be allotted for audience discussion and participation.
- All applicants are responsible for their own travel costs to attend the conference, and must register for the conference.

[CLICK HERE TO SUBMIT AN ABSTRACT](#)

### [2015 Membership Renewal](#)

As noted above by the CAGP president, we collected a one-time 17-month fee for those who renewed in 2014. We will be restarting our usual 12-month membership renewals June 1, 2015. Please make sure to renew in order to take advantage of the great member benefits including member only conference and event registration rates!

To update your membership profile, please [click here](#).

### Benefits of Membership

- You will receive a quarterly [e-Newsletter](#) containing regional updates, links to resources and events
- You will have access to the CAGP website with a Members Only area that provides opportunities to connect with colleagues across the country
- You will be eligible for discounts on meetings hosted by CAGP

### [Update in Geriatric Psychiatry](#)



*This event is an accredited group learning activity (section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by the Canadian Psychiatric Association (CPA). The specific opinions and content of this event are not necessarily those of the CPA, and are the responsibility of the organizer(s) alone*

*This program has been reviewed by the College of Family Physicians of Canada and is awaiting final accreditation by the College's Quebec Chapter.*

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The Update in Geriatric Psychiatry (UGP) formally known as the National Review Course (NRC) was awarded the 2014 CPA-COPCE award for Most Outstanding Continuing Education Activity in Psychiatry in Canada. The CAGP will be offering for the fourth time an intensive, one day review course in geriatric psychiatry on **Thursday, April 16, 2015**, in Montreal immediately before the Canadian Geriatrics Society (CGS) Annual Scientific Meeting.

The UGP will be an excellent opportunity to cover a wide array of topics in geriatric psychiatry at an advanced level. Knowledge will be consolidated, and clinically relevant literature updates will be presented. The course is suitable for geriatric psychiatrists, geriatricians, family physicians and allied-health professionals interested in learning more about a broad array of topics in geriatric psychiatry.

To register, please [click here!](#)

### UPDATED: CAGP Member Only and Public E-Resources

Visit our newly updated e-Resources webpage ([www.cagp.ca/E-Resources](http://www.cagp.ca/E-Resources)) for a list of articles, tools and guidelines grouped by areas of interest submitted by members. A special thanks to Drs. Tim Lau, Corrine Fischer, Holly Dornan, Mark Rapoport and Nancy Vasil for creating the list of resources below.

**Please note:** The public can now view only selected e-Resources, and the expanded and updated list of resources is available only to CAGP members as an added membership benefit. To access more guidelines and review articles please log in at the top right-hand corner and a new menu item titled "Member Only E-Resources" will appear on the left-hand side.

If you have any recommendations on any resources that could be added, please contact Tabitha Carloni at [cagp@secretariatcentral.com](mailto:cagp@secretariatcentral.com).

### Donations

Did you know that 100 percent of donations to the CAGP are put toward funding our existing trainee awards? The purpose of our Annual Resident Award is to promote the development of future geriatric psychiatrists by providing the successful candidates with financial support to attend our ASM where they present a poster outlining a scholarly activity in the field.

Reasons to donate today:

- More awards and grants to support more candidates
- Increased interest in geriatric psychiatry among future physicians
- Improved access to mental health care for Canada's elderly population in future years
- Tax receipt

To find out more on how you can support the Canadian Academy of Geriatric Psychiatry, please [click here](#).

### Canadian Geriatrics Journal



Dear colleagues,

*Canadian Geriatrics Journal* has just published its latest issue at <http://www.cgjonline.ca/index.php/cgj>.

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We invite you to review the Table of Contents here and then visit our web site to review articles and items of interest.

Best regards,

**Mark Rapoport, MD, FRCPC**

*Canadian Geriatrics Journal*

Vol 18, No 1 (2015)

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<http://www.cgionline.ca/index.php/cgi/issue/view/17>

## CAGP REGIONAL UPDATE

### Actualités au Québec

#### *English version to follow*

Le printemps est plutôt agité au Québec, dans un contexte de restriction budgétaire et d'austérité, et divers bouleversements politiques sont en cours avec l'application dès le 1 avril 2015 par Le Ministre de la Santé et des Services Sociaux du Québec, le Dr Gaétan Barrette, du projet de loi 10, la Loi modifiant l'organisation et la gouvernance du réseau de la santé et des services sociaux (abolition des agences régionales, création d'établissements à mission élargie et implantation d'une gestion à deux niveaux hiérarchiques) afin de favoriser et de simplifier l'accès aux services pour la population, de contribuer à l'amélioration de la qualité et de la sécurité des soins et d'accroître l'efficacité et l'efficacités de ce réseau. Le projet de loi instaure une nouvelle gouvernance pour les établissements régionaux et suprarégionaux, (membres nommés par le ministre) et accorde de nouveaux pouvoirs au ministre.

Pour en savoir plus, veuillez cliquer [ici](#).

**Nancy Vasil MD FRCPC**

Communications Chair CAGP

Professeure adjointe de clinique, Université de Montréal

### Regional Update : Quebec

This spring is proving eventful in Quebec with budget restrictions, austerity and various policy upheavals that are underway. On April 1, 2015, the Quebec Minister of Health and Social Services, Dr. Gaétan Barrette introduced Bill 10, An Act to Modify the Organization and Governance of the Health and Social Services Network, in Particular by Abolishing the Regional Agencies (creating entities with broader remits and introducing a two-tier management structure) to promote and streamline public access to services, contribute to improving the quality and safety of care, and boost the efficiency and effectiveness of this network. The Bill introduces a new governance structure for regional and supraregional bodies (members appointed by the Minister) and grants new powers to the Minister.

To read more, please [click here](#).

**Nancy Vasil MD FRCPC**

Communications Chair CAGP

Professeure adjointe de clinique, Université de Montréal

### Prairies Update: Saskatchewan

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Greetings from Saskatoon! Drs. Davidson, Prasad and Thorpe are very excited to welcome Dr. Alanna Baillod to our team of geriatric psychiatrists in Saskatoon. Alanna completed her PGY6 year at the University of Ottawa and returned to Saskatoon in the fall of 2014. This has increased our cohort of geriatric psychiatrists to 4 and has provided opportunities to expand our current delivery of services. As a group we continue to work in collaboration with the Seniors Health and Continuing Care Behaviour Support Team and Mental Health and Addictions Services seniors program community mental health nurses (CMHN) to form the Seniors Mental Health Outreach Team.

To read more, please [click here](#).

**Marla Davidson MD, FRCP(C)**

Psychiatry, University of Saskatchewan

## NEWS AND EVENTS!

### Awards

The CAGP is currently seeking applications for the following Education Awards:

1. [Geriatric Psychiatry Training Award](#) - Offering \$5,000, to help support sub-specialty training in geriatric psychiatry following completion of primary certification (FRCPC) in psychiatry. The goal of this award is to support graduating psychiatrists to participate in a sub-specialty or fellowship training program in geriatric psychiatry.
2. [Resident Award](#) - Offering up to \$1,000 per year to help support a resident that wishes to develop his or her interest in geriatric psychiatry.

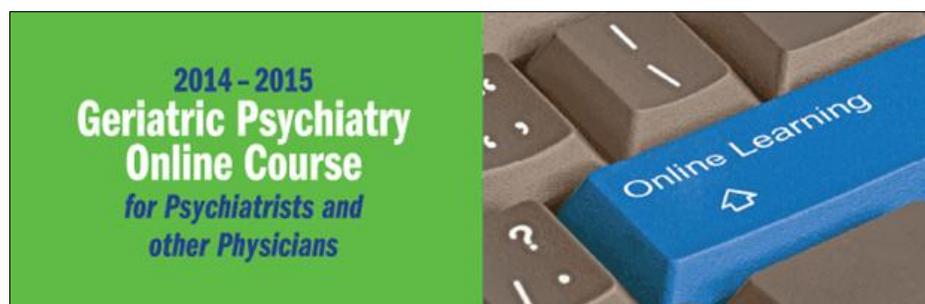
And nominations for the following CAGP Award:

3. [Outstanding Contributions in Geriatric Psychiatry](#) - This award recognizes a geriatric psychiatrist who has made a significant contribution to geriatric psychiatry in Canada through education, research or innovations in service delivery. The award and a complimentary conference registration will be presented at the CAGP Annual General Meeting.

Are you eligible to apply for the Resident or Training Award? Do you know someone who deserves to be awarded for their hard work in geriatric psychiatry?

Please visit <http://www.cagp.ca/Awards> for more information!

[Registration for the Geriatric Psychiatry Online Course is Open!](#)



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The Canadian Academy of Geriatric Psychiatry (CAGP) is providing an innovative and interactive online course covering 18 topics in geriatric psychiatry over a 10-month period starting in November 2014.

Registration is **now open** to family physicians as well as general psychiatrists and geriatric psychiatrists across Canada who wish to improve their ability to recognize, diagnose and manage older patients with complex psychiatric difficulties.

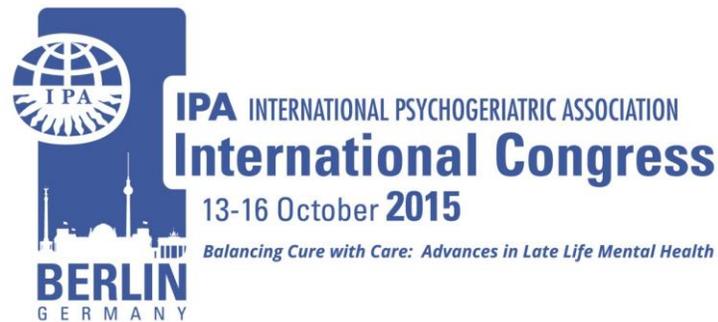
[Click here](#) to register now and find out more information on this highly interactive and educational course.

[CAGP Research Committee](#)

2015 has been an excellent year so far for geriatric mental health research in Canada. Please check out some of our recent CAGP member publications [here](#).

If you are interested in joining a network of Canadian researchers in geriatric mental health, or in having your recent publication highlighted here, please contact the Research Committee chair, [andrea.iaboni@uhn.ca](mailto:andrea.iaboni@uhn.ca)

[2015 IPA International Congress in Berlin, Germany, 13-16 October 2015](#)



The International Psychogeriatric Association (IPA) will be holding its **2015 IPA International Congress in Berlin, Germany, 13-16 October 2015**. IPA is the only international, multi-disciplinary association discussing the broad needs of old age mental health – from healthy aging to the diseases of the aged (dementia, depression, agitation, capacity, and more). IPA offers meetings that are essential opportunities for collaborating with colleagues with diverse backgrounds and many interests but with a common purpose... to improve the mental health of older people.

This IPA congress will focus on balancing races for the cure against the undeniable obligation we have as mental health professionals to care for our patients and their families. It is more prescient today than in the past and in fact, increasingly care and cure are blended in our professional lives such that the most effective interventions of today combine cure and care oriented approaches.

The 2015 Meeting will appeal to the entire healthcare team – psychiatrists, neurologists, geriatricians, primary care physicians, nurses, psychologists, social workers, occupational therapists and more. Plan to attend and benefit from connecting within the unique professional community that is IPA.

**Key Deadlines:**

<i>Abstract Submission</i>	<i>14 April 2015</i>
<i>Junior Research Awards in Psychogeriatrics</i>	<i>15 May 2015</i>
<i>Early Registration</i>	<i>4 August 2015</i>

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For more information, visit [www.ipa-online.org](http://www.ipa-online.org).  
We look forward to seeing you in Berlin!

### [Help Support BC Residents](#)

Dear Valued CAGP Members,

It is our pleasure to share with you a great initiative one of your members and past president has been leading. Dr. Martha Donnelly has reached out to the UBC Division of Geriatric Psychiatry and has asked them to join her in raising up to \$1,500 to support residents who are attending the upcoming 2015 Annual Scientific Meeting in Vancouver BC.

We encourage all of our BC members to assist Dr. Martha Donnelly in supporting BC residents in attending the meeting!

To donate today, please [click here](#).

*\* In the comment section of the donation form, please place a note stating you are supporting the "2015 ASM BC Resident donation campaign"\**

As always, the CAGP has offered national support in the form of awards to fellows and residents interested in and/or actively pursuing a career path in geriatric psychiatry. To donate today, please [click here](#).

Many thanks.

### [CAG 2015 Call for Abstracts: From Possibility to Practice in Aging Shaping a Future for All](#)

44th Annual Scientific and Educational Meeting Canadian Association on Gerontology (<http://cagacg.ca>)

October 23-25, 2015  
Calgary, Alberta, Canada

<http://CAG2015.ca>

The Canadian Association on Gerontology is pleased to announce the Call for Abstracts for CAG2015: From Possibility to Practice in Aging, October 23-25, 2015 in exciting Calgary, Alberta, Canada. Join us for Canada's premier multidisciplinary conference for those interested in individual and population aging!

For more information, please [click here](#).

### [CPA and CAGP Team Up to Talk to Parliamentarians about Dementia and Palliative Care](#)

In the spirit of greater collaboration to which CPA and the academies committed at last September's Council of Academies, CPA staff and past President of CAGP, Dr. Kiran Rabheru teamed up to respond to MP queries about mental health and the elderly.

On March 10, Dr. Kiran Rabheru, and CPA Manager of Government Relations, Kelly Masotti, went to the Hill to speak to NDP MPs Claude Gravelle and Charlie Angus.

The discussion with Mr. Gravelle focused on private Member's Bill C-356, *An Act for a National Dementia Strategy*. The bill supports The Alzheimer Society's call for a national dementia plan to help reduce the burden of dementia and to support more people with the disease across Canada. It would see health-care providers, politicians, and policy makers focus on:

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- Increasing funding for research into all aspects of dementia
- Promoting earlier diagnosis and intervention
- Strengthening the integration of primary, home and community care
- Enhancing skills and training of the dementia workforce
- Recognizing the needs and improving supports for caregivers

[More on Bill C-356.](#)

To read more, please [click here](#).

#### OTHER UPCOMING EVENTS!

- [CGS 2015 Annual Scientific Meeting – Registration NOW OPEN!](#)
- [CAGP Annual Scientific Meeting, Hyatt Regency, Vancouver, BC, September 30, 2015](#)

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